



<u>CPCA Education and Competencies Criteria</u>
Counselling Foundations I <ul style="list-style-type: none">▪ Human Development▪ Culture and Diversity
Counselling Foundations II <ul style="list-style-type: none">▪ Theoretical Framework▪ Evidence-Based Practice
Counselling Foundations III <ul style="list-style-type: none">▪ Psychopathology/Abnormal Psych/DSM-V/ ICD
Counselling Interventions <ul style="list-style-type: none">▪ Clinical Assessment▪ Crisis Intervention▪ Conflict Resolution
Counselling Process <ul style="list-style-type: none">▪ Orientation▪ Assessment▪ Closure
Counselling Skills and Techniques <ul style="list-style-type: none">▪ Therapeutic Communication▪ Therapeutic Relationship▪ Therapeutic Process
Ethics and Ethical Practice <ul style="list-style-type: none">▪ Legal and Regulatory Practice▪ Scope of Practice▪ Ethical Practice▪ Ethical Decision-Making▪ Ethical Communication
Reflective Practice <ul style="list-style-type: none">▪ Self-Care and Personal Safety▪ Awareness of Self▪ Supervision and Clinical Governance
Professional Practice <ul style="list-style-type: none">▪ Records▪ Business Practices▪ Collegial Relationships - Consultation/Collaboration▪ Supervision/Practice Governance
Professional Communication <ul style="list-style-type: none">▪ Clinical Documentation▪ Referrals and Third party Reporting▪ Media/Social Media
Practicum <ul style="list-style-type: none">▪ 90 Hour Practicum with Clinical Supervision▪ Can be facilitated on site, volunteer or with other mental health agencies▪ Must provide opportunity to apply knowledge gained to the development of entry level core competencies