



Clinical Supervision Description

The following is a description of all the types of Clinical Supervision currently acceptable to satisfy the annual requirements for all membership designations with the CPCA. Students do not require supervision as they are not practicing. They are still completing their education.

Candidate Members (RPC-C) must complete 150 Hours of Supervision with a minimum of 24 Hours structured One-to-one with an approved and contracted Supervisor.

All Registered (RPC) and Master Members (MPCC, MPCC-S) must meet the requirement of a minimum of 6 total hours of supervision in any combination per calendar year (plus 12 hours professional development) to meet renewal criteria and remain in good standing.

(Click [here](#) to download a supervision tracking form)

One-to-one structured	with contracted clinical supervisor (Note: <i>24 of the total 150 hours required for Candidate members must be individual sessions</i>)
Day-to-day	Consultation with workplace-designated supervisor For example: drop into office, quick phone call, face-to-face immediate consults, clinical oversight as a result of employment or placement in a mental health setting.
Direct Observational	Recorded audio/video, or in-session observation
Group	with a qualified supervisor , (max. 8 persons) This supervision includes case summaries, technique/intervention education, role play, moderated discussion about <i>clients & clinical practice</i> .
Peer debrief	moderated by experienced clinician (max. 5 persons) This form of supervision addresses effective use of Self in therapy, self-care, and emotional & psychological cost of being a “people helper” (vicarious trauma). Peer debriefing does NOT include client/case discussion, clinical practice or therapy techniques.
Journal Club	moderated by experienced clinical researcher/clinician . Assigned readings (published research, peer reviewed articles) with critique, discussion, debate, & practical application as focus.
Mentoring	intentionally matched clinicians . Experienced therapist/mentor must have significantly greater experience than the mentee.