

CPCA Counsellors and Third Party Insurers:

Many CPCA registered members receive payment for clinical counselling services with recognized Employee Assistance Programs (EAP) as well as receive reimbursement for Insurance Company claims. It is important to remember that the terms of each client policy determines the coverage provided. Also, the qualifications of each clinician can affect the approval process.

There is no way we can provide an exhaustive list, but here are a few companies that have covered the cost of counselling services by our members:

- Aspiria
- Blue Cross
- ComPsych
- Great West Life
- Green shield
- Homewood Health
- Lifeworks (formerly known as Ceridian)
- Manulife
- Morneau Shepell
- Municipal Fire Departments who provide their own coverage
- Optima Global Health
- Pacific Blue Cross
- Pacific Life
- Shepell-fgi
- Sunlife
- Victim Services and other providers

All CPCA Registered Professional Counsellors (RPC) and Master Practitioners in Clinical Counselling (MPCC) have been approved with Sunlife across Canada. We are actively working on broader recognition with other insurance companies and employers who design their benefit plans to understand how they can expand their health plans to provide greater mental health services with registered Professional Counsellors across Canada.

The following links are current resources for members to use when making application for coverage or for employment opportunities: [CPCA Designations](#) (chart), [CPCA Member Competency Descriptions](#) (letter).