PROFESSIONAL DEVELOPMENT GUIDELINES

The CPCA, as it believes the need arises, or if requested by a member, will furnish guidelines as to what type of professional activities might be recognized as meeting the annual requirements for membership.

Appropriate Professional Development Activities:
Any of the following activities, which enhance the member’s private practice and/or client contact are recognized as meeting the Pro-D requirements of the CPCA.

- Workshops
- Conferences
- Certification Programs
- Seminars
- Online or In Person Credit courses (accredited university / college)
- Online or In Person Non-credit courses (professional trainings from a professional registered with a recognized regulatory college or association)

The Committee has been asked about some specific activities and does not recognize professional development for wellness practices (including yoga workshops, or attending a women’s group), workshop facilitation, reading professional materials without professional collaboration, self-help resources, and personal conferences not related to counselling / psychotherapy practice.

*CPCA carefully considers the educational appropriateness of the requests in regard to individual personal requests.*

Marketing Professional Development:
- Associate Members and Registered Professional Counsellors are encouraged to review and promote Pro-D opportunities on the Events section of the CPCA website. Click the following link to view the Events Calender or Post your upcoming training workshop:
  http://www.cpca-rpc.ca/events/month.calendar

- Registered Professional Counsellors are encouraged to review the Training and Professional Development Business Directory to contact an agency regarding training options. Click the following link to review this section of the CPCA website:
  http://www.cpca-rpc.ca/counsellor-directory/training-and-pro-d
Purposes of Professional Development
The purpose of professional development is to assist members:
  • in building and strengthening themselves as a body of professional counsellors / psychotherapists.
  • in establishing a professional relationship with clients.
  • in developing, discussing and revising counselling/psychotherapeutic theories that will be applied to the practice of counselling and psychotherapy.
  • in initiating development directed to improving the counselling and psychotherapy profession.
  • in improving the quality of counselling / psychotherapy through career-long professional development.

The CPCA perspective of professional development includes:
  • professional development as workshops, seminars, conferences, etc.;
  • professional development as advocacy for the rights and responsibilities of members;
  • professional development as advocacy for the rights and responsibilities of clients;
  • professional development as a continuing examination of the purposes of counselling and psychotherapy and of why this practice exists.