

THERAPIST – EATING DISORDERS PROGRAM

Homewood Health™ is Canada's leader in mental health and addiction services and we offer the most comprehensive and integrated continuum of services available in Canada. We are redefining mental health and addiction services to help Canadians live healthier, more productive and more fulfilling lives.

With over 130 years of experience, Homewood Health Centre is one of Canada's largest and leading facilities for medically focused, physician-led treatment of mental health and addiction disorders.

We are hiring a **Part-time Social Worker or Psychotherapist for our Eating Disorders Program** for the Homewood Health Centre in Guelph and we are looking for **you**. You're a great fit, if you thrive in a fast-paced environment, are passionate about innovation, foster collaboration, and are committed to service excellence.

The Eating Disorders Program provides residential treatment for individuals struggling with an eating disorder, including Anorexia Nervosa and Bulimia Nervosa. At intake to the program clients receive a thorough medical and psychological assessment, followed by both individual and group based supports to enhance motivation for change. They then receive group and individual based treatments in order to improve their coping skills (e.g. mindfulness, emotion regulation, distress tolerance, interpersonal effectiveness), and address body image related thoughts and core beliefs. Towards the end of their treatment, clients receive support in reintegrating into the community and building a life worth living. The program integrates Motivational Enhancement Therapy (MET), Dialectical Behavior Therapy (DBT), and Cognitive Behavioral Therapy (CBT) approaches.

Clients served by the Eating Disorders Program at Homewood represent a diverse population of individuals, with a variety of comorbid mental health conditions, particularly difficulties with mood, anxiety, and emotion regulation, as well as a variety of interpersonal stressors, including histories of trauma and addiction. In addition to core programming, the Eating Disorders Program also offers treatment streams for both trauma and substance use.

Hours of work: Up to 14 hours per week including 1 evening and 1 in 4 Saturdays.

What the job entails:

- Conduct comprehensive client assessments in order to develop individualized client treatment/recovery plans in consultation with patients and other stakeholders
- Provide MET, DBT and/or CBT group therapy
- Provide individual therapy to enhance motivation, reinforce DBT principles, and address comorbid conditions
- Maintain accurate and timely documentation and reports
- Actively participate in program rounds and the DBT consult group
- Contribute to program development and program evaluation
- Facilitate and/or contribute to ongoing research
- Supervise students of your own discipline and contribute to the training of students Homewood wide

What we are looking for:

- MA or MSW in Counselling, Psychotherapy or Social Work and are registered through the College of Psychotherapists of Ontario or the College of Social Work of Ontario
- Training and education in Dialectical Behavior Therapy (either through graduate level courses or an intensive work experience in a DBT oriented program), and are experienced in delivering DBT
- You have training and experience working with a range of complex/comorbid mental health conditions, and are able to provide evidence based approaches to treat them
- Exceptional communication and interpersonal skills
- Effective computer skills
- Strong report writing skills with a high level of attention to detail
- Demonstrated skills and experience in assessment, treatment and research preferred
- Experience with family therapy and/or motivational interviewing an asset

Why Work For Us

We are driven by our values and are passionate about improving lives. We offer a competitive salary, an excellent benefits package and professional development opportunities. Our remarkable organizational culture also makes for an exceptional workplace environment. Join us and work along-side highly motivated people who are collaborative and focused on delivering seamless services and programs to our clients and customers.

In accordance with the *Ontario Human Rights Code* and the *Accessibility of Ontarians with Disabilities Act*, Homewood Health Centre is committed to working in collaboration with any team member who may require workplace accommodation in order to successfully perform any or all aspects of their role.

We thank all applicants for their interest: however only those selected for an interview will be contacted.